



National Kidney Foundation®

Serving the CAROLINAS
South Carolina Region

FY 12-13 Funding Request: \$100,000

Kidney Early Evaluation Program (KEEP) – 4 programs

KEEP is a free kidney health screening program designed to raise awareness about kidney disease among high risk individuals and provide free testing and educational information, so that kidney disease and its complications can be prevented or delayed. The KEEP screening includes a blood pressure check, urinalysis, a blood draw, and an on-site consultation with a physician. KEEP also includes a comprehensive follow-up component with the participant. In 2011, the National Kidney Foundation Serving the Carolinas, South Carolina Region found that 50% of those screened have the warning signs of kidney disease, and 22% learned they may have kidney disease.

Kidney Health Risk Assessment (KHRA) – 3 programs

KHRA is an awareness program to identify those at risk for chronic kidney disease (CKD). The KHRA's components include body mass index (BMI) determination, blood pressure measurement, risk questionnaire, and consultation with a health professional. Anyone age 18 and older can attend the KHRA to find out if they are at risk for kidney disease, they do not have to have the risk factors or a family history of these. Those who participate in the KHRA and are found to be at risk for kidney disease are then encouraged to attend a KEEP screening in their area for further testing and follow up. In 2011, 57% had either diabetes or high blood pressure, and 62% were determined to be at risk for CKD.

Love Your Kidneys. . . Know the Score – 4 programs

A forty-five minute educational presentation created for the general public as well as kidney patients on the importance of kidney function, the causes and effects of chronic kidney disease (CKD) and steps to take if participants discover they are at risk for CKD.